# Video transcript: AHP 360 video arts therapists scene two

**SPEAKERS:** Charlie, Dramatherapist, and clients, Megan, Atilla, and Mary-Claire

**>>CHARLIE:** Hi everyone.Hi. Just as a brief check-in exercise today. I wonder if, if we might take a little step forwardand if we all just bend and just grab one side**.** And while we're here, if we just take a look around,you might notice other people in the group maybe, or makingeye contact maybe, or notice their shoes or their socksor the colour of their t-shirt.

**>>CHARLIE:** And once you've had a brief look at everyone, if we all open the bag and we've got our magic bag open, we've seen the magic bag before I think. But this time from the magic bag, I'd invite everyone in turn to reach in and take out an item that represents to them a time in which they felt perfectly and totally comfortable. They've experienced great comfort.

**>>CHARLIE:** If they can remember a time and the item might represent that, it might be something you can wear, something you can hold, something you can, you can play with. But it will represent comfort to you. If anyone would like to reach into the magic bag and take out a comfortable item.

**>>CHARLIE:** Thank you. Atilla, what's your object? Atilla?

**>>ATILLA:** A pair of sunglasses.

**>>CHARLIE:** Atilla's sunglasses. What do these sunglasses mean to you?

**>>ATILLA:** Perfectly relaxed state on the beach, sunshine, warm.

**>>CHARLIE:** The water moving?

**>>ATILLA:** Yeah.

**>>MEGAN:** I like the look of your sunglasses.

**>>CHARLIE:** Would you like to try them on.

**>>MEGAN:** Mm. Is that okay Charlie?

**>>CHARLIE:** If it's okay with Atilla?

**>>ATILLA:** Yep.

**>>MEGAN:** Okay. Mm. Fit quite nicely. I might have these actually.

**>>CHARLIE:** How does it feel to be wearing Atilla's comfortable sunglasses?

**>>MEGAN:** Um, it's nice because it's pretty dreary in Scotland at this time of year. It's nice to think about being on holiday. Be with my family. It's quite nice. Mm-hmm. Thanks, Atilla for lending me them.

**>>CHARLIE:** How is it for you Atilla to see Megan wearing your [sunglasses]?

**>>ATILLA:** Yeah, it's okay to share the good feeling.

**>>MEGAN**: Mary-Claire, do you want to go?

**>>MARY-CLAIRE:** Okay. When I put on the sunglasses, I don't think I'm at the beach.

**>>CHARLIE:** Where are you?

**>>MARY-CLAIRE:** I think I'm camping.