



## Information for applicants to NHS Scotland Assistant Psychologist (or similar) posts, enabling participation on the Enhanced Psychological Practice (EPP) Programme

### Introduction

Health Boards in Scotland are recruiting to a number of Assistant Psychologist and similar posts. Successful applicants will undertake an Enhanced Psychological Practice (EPP) educational programme within their Assistant Psychologist or similar role. The education programme is provided by NHS Education for Scotland (NES). These are 18-month fixed term posts at Agenda for Change Band 4, progressing to Agenda for Change Band 5, at point of successful completion of the EPP educational programme (anticipated to be undertaken within 6 months). You will be employed by the same NHS Scotland Health Board for the duration of both contracts.

Assistant Psychologists undertake clinically supervised work with individuals or groups, as well as undertaking research and development activities under supervision.

The EPP programme - a post-graduate certificate level education programme - has been developed to enable staff to deliver high-quality, evidence-based psychological interventions for mild to moderate difficulties in a way that can be efficiently brought to scale. This approach aims to make effective use of the large cohorts of graduates in Psychology to deliver and support, under supervision, brief, outcome-focused, evidence-based interventions at the Enhanced level of practice.

Within the EPP Programme there are two pathways; Adult (EPP-A), and Children, Young People and their Families (EPP-CYP), with each course having modules related to their specific target population. See below for further detail:

#### **EPP-A**

The EPP programme for adults responds to recent developments in mental health and primary care. It provides education in evidence-based interventions for working with adults presenting with common mental health problems such as depression and anxiety. The programme:

- Equips staff to provide a comprehensive and efficient assessment of their common mental health problems within 45 minutes
- Addresses learning needs including core competences around recordkeeping, risk assessment and working inclusively
- Equips staff with the competences to deliver a set of Enhanced Psychological Interventions (EPI) including Behavioural Activation, graded exposure, cognitive restructuring, panic management, interventions for insomnia, problem solving, worry management & medication support. EPIs are CBT-informed, high-volume approaches suitable for people presenting in primary care settings. They enable staff to help more people, who are seen for a shorter duration and time (generally 6-8 30min sessions)
- Supports best-practice implementation structures; including supervision, regular outcome monitoring and clear risk management protocols to ensure safe and effective patient care
- Offers blended and remote learning.

## **EPP-CYP**

Practitioners on the EPP-CYP course will be trained to deliver psychological interventions with children, young people and their families for common mental health problems (anxiety, depression and behavioural and self-regulatory difficulties).

Practitioners (CYP) will provide a defined clinical service, working under supervision, within wider children's services delivering mental health and wellbeing interventions. There are likely to be multiple service settings including CAMHS, schools and primary care settings.

Drawing upon the work of the National Implementation Research Network (NIRN), the development of the Enhanced Psychological Practitioner Programme incorporates an implementation science framework, and drivers of best practice, in relation to the organisational and staff competency drivers that support implementation success.

## **Further Information**

### **Orientation**

You will be employed by an NHS Scotland Health Board, where all clinical placements involving supervised direct patient contact will be undertaken. Learners will receive both 'case management supervision' and 'clinical skills supervision' on a regular basis. Learners will attend teaching on a weekly basis for the duration of the programme. Each of the modules on the programme will require an assessment of competence, for example: role-play scenario(s); academic assignments, such as reflective logs or case studies; video or audio recordings of practice and successful completion of practice outcomes portfolios demonstrating competence in the assessment of mental health problems and psychological interventions to facilitate recovery.

Thereafter it is expected that you will continue in supervised clinical practice in order to consolidate and develop further your clinical skills.

### **Recruitment and Selection**

You will be employed by NHS Scotland Health Boards and managed within services locally. There is a single national selection process for NHS Boards to appoint to the Assistant Psychologist or similar roles. You will undertake this educational training programme whilst in post. Local NHS representatives and members of the NES EPP programme team will select applicants for the interview stage of the selection process; and finally, a joint interview panel (of NHS and NES representatives) will select the preferred candidates for these posts. If you are successful at interview stage, pending satisfactory pre-employment checks (e.g. evidence of right to work in the UK without restriction, satisfactory references, PVG/disclosure checks etc), you will receive an offer of employment from an NHS Scotland Health Board.

### **Funding Information**

Please note that the Enhanced Psychological Practice (EPP) programme has been designed as an innovation in training for psychology and aims to provide suitably qualified professionals within NHS Scotland. NES funds these places in addition to places on the following training programmes:

- Doctorate in Clinical Psychology (University of Edinburgh/NHS Scotland and University of Glasgow/NHS Scotland)
- MSc in Psychological Therapies in Primary Care (Universities of Dundee & Stirling/NHS Scotland),
- MSc in Applied Psychology for Children and Young People (University of Edinburgh/NHS Scotland)

- Stage 2 Health Psychology Training (NHS Scotland)
- Child and Adolescent Psychotherapy Training (Human Development Scotland/NHS Scotland)
- NES funded certificates and diplomas in Cognitive Behavioural Therapy (CBT), Interpersonal Therapy (IPT), Family Based Treatment (FBT), and Family Therapy (FT).

NES will not fund places on the aforementioned training programmes for candidates who apply to these programmes within 18 months from date of enrolment on the EPP Programme. This restriction is also applies from date of acceptance of offer, to date of enrolment. This means, if you accept a place on the EPP programme, you would not be eligible to apply to other NES funded training programmes until June 2023. If you choose to accept a place on the EPP Programme, you will be required to withdraw any active application from the aforementioned programmes.

## **Contact Details**

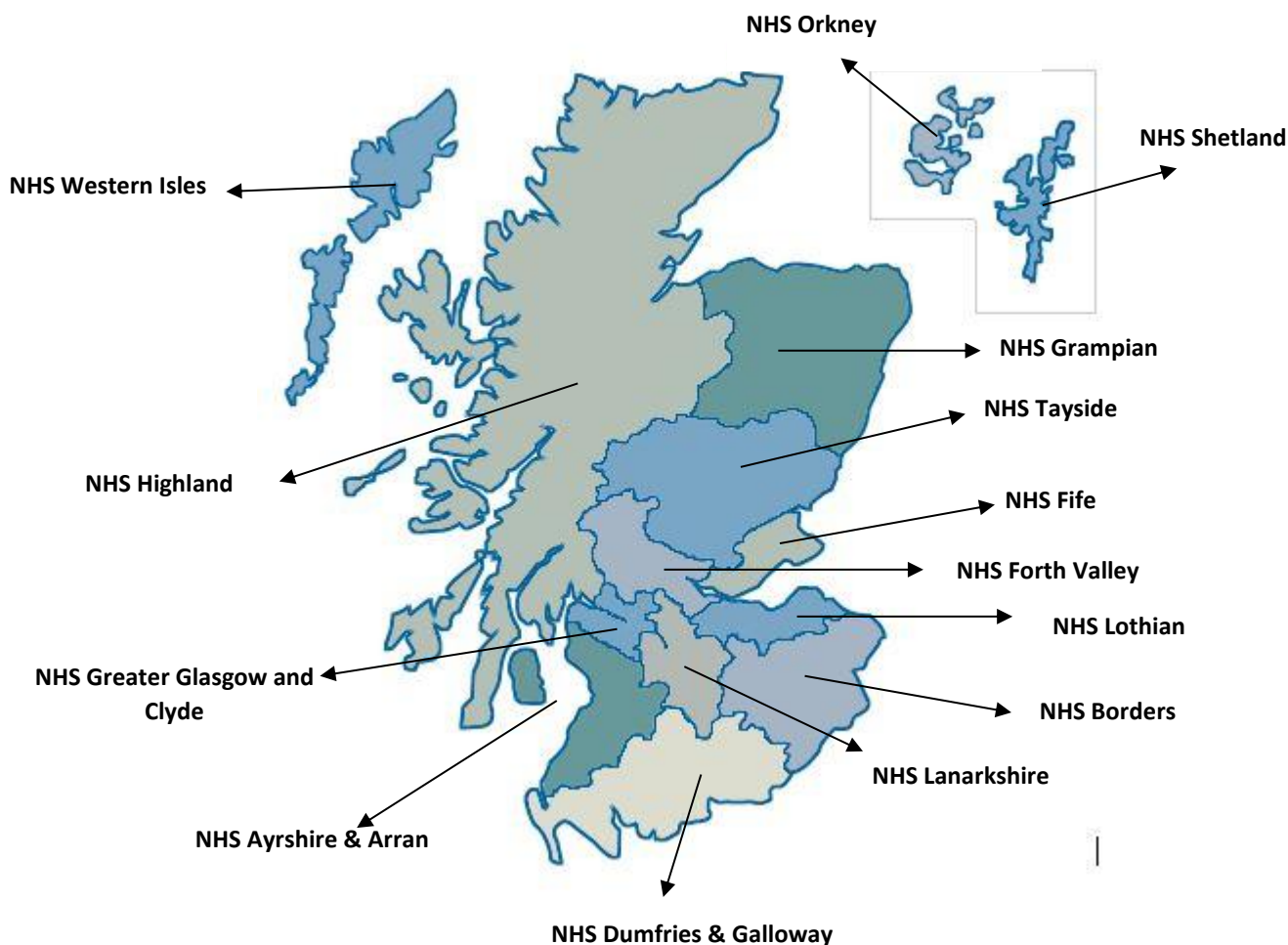
Specific enquiries about the programme can be made to the NES EPP Programme Team at [nes.epp@nhs.scot](mailto:nes.epp@nhs.scot). Specific enquiries about the Assistant Psychologist or similar posts advertised across NHS Scotland should be directed to the relevant local contacts as detailed in the following Health Board descriptors. Where a contact isn't listed, please get in touch with NES at the above email address who can direct your query to the appropriate person.

If you require this document in an alternative format, such as large print or on a coloured background, please contact [nes.epp@nhs.scot](mailto:nes.epp@nhs.scot).

## Participating Health Boards

You will be a salaried employee of an NHS Health Board in Scotland. The employing Health Board is responsible for paying salaries and expenses (if applicable) and for providing supervised clinical placements. Health Boards will have a formal agreement about these responsibilities with NHS Education Scotland (NES), who provide the educational programme. Below the map you will find a list of Health Boards looking to recruit Assistant Psychologists or similar to undertake the EPP programme from November 2022 – please click on a Health Board to read the relevant local descriptor.

### NHS Boards in Scotland



Click on the relevant Board below for more details	
<a href="#">NHS Ayrshire &amp; Arran</a>	<a href="#">NHS Greater Glasgow &amp; Clyde</a>
<a href="#">NHS Borders</a>	<a href="#">NHS Lothian</a>
<a href="#">NHS Forth Valley</a>	<a href="#">NHS Tayside</a>
<a href="#">NHS Grampian</a>	

## NHS Ayrshire & Arran

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### 1) Environment/Geography:

As one of 14 territorial Health Boards in NHS Scotland, NHS Ayrshire and Arran is responsible for the monitoring, protection and the improvement of the population's health and wellbeing and for the delivery of frontline healthcare services. In doing so the Board works closely with the three Integrated Joint Boards (East Ayrshire, North Ayrshire and South Ayrshire) who, for a range of delegated services, are responsible for planning and resourcing health and care to improve quality and outcomes for their populations.

Ayrshire and Arran covers an area of some 2,500 square miles and serves a population of around 368,000 citizens (approximately 7% of the population of Scotland). Ayrshire and Arran's area is co-terminus with the three local authorities of East, North and South Ayrshire and includes the island community of Arran and Cumbrae. NHS Ayrshire and Arran invests around £750 million annually in health improvement and service delivery on behalf of its population. It employs around 11,000 staff (9,000 wte).

### 2) Our Vision – Caring for Ayrshire:

“Working together to achieve the healthiest life possible for everyone in Ayrshire and Arran”.

For many years we have been clear about our intention to build a resilient, engaged and valued workforce across our health and social care system. We have made a lot of progress but, as always, there is more to do if we are to be the exemplar employer that we aspire to.

We are deliberate about attracting and retaining the people we need to deliver high quality, sustainable services to our communities. Also, that the experience of working in Ayrshire and Arran is a positive one where we all feel psychologically safe and that our voice is heard and we can contribute to shaping “Caring for Ayrshire”.

By working together we can all contribute to a healthy, vibrant, engaged and participative workplace. The Board is committed to improving the organisation and taking the necessary steps to improve the culture, achieve the behaviour change and genuinely involve and engage staff, so that staff feel valued and supported while at work and are empowered to make changes and have the freedom to act within the agreed frameworks.

Creating and improving trust, respect involvement and value for our staff, together with developing positive relationships between staff and their line managers, are essential to building a positive workplace culture of wellbeing and performance.

### 3) Support and Supervision:

In common with all clinical/consultant psychologists, to receive weekly clinical supervision in accordance with professional practise guidelines.

The postholder will have access to support and ongoing Continuing Professional Development from the Assistant Psychologists' Group.

### 4) Living and Working in Ayrshire

Situated in South-west of Scotland on the Firth of Clyde, Ayrshire is a unique and exceptional place to live providing a wonderful quality of life with the best of all options – picturesque and interesting large (Ayr, Irvine and Kilmarnock) and small towns, beautiful villages and hamlets, expansive countryside, island life, rolling green hills, 80 miles of varied coastline with stunning beaches and sandy shores, history, heritage with

city life within a short and easy journey when you need it, using excellent network of road, rail and bus transport links throughout Scotland.

Ayrshire offers everything - all the benefits of living in a semi-rural area, with its own UK and International Airport, Glasgow Prestwick Airport and with Glasgow city centre life only a 30 minute drive away - so why would you want to live anywhere else?

The housing market has many and varied options to choose from – old castles to modern new builds at more affordable prices than in other parts of the UK.

There is always something happening in Ayrshire whether you are interested in music, history and heritage, outdoor pursuits, events and festivals, or simply food and drink, there is something for everyone. There is a wide range of excellent recreational activities, including hill climbing, horse riding, sailing and golf – Ayrshire boasts more than 40 quality golf courses, including two Open Championship courses at Turnberry and Royal Troon.

There are too many Ayrshire attractions to list but here are some:

**Dumfries House**   **Robert Burns Birthplace Museum**  
**Scottish Dark Sky Observatory**   **GOAT FELL, ARRAN**  
**Brodict Castle Garden and Country Park**  
**Heads of Ayr Farm Park**   **West Kilbride Craft Town**  
**Dean Castle & Country Park**   **Arran Distillery**  
**Vikingar**   **Culzean Castle and Country Park**  
**Millport's Cathedral of the Isle**  
**Ayr Racecourse**   **Machrie Moor Stone Circles**  
**DUNDONALD CASTLE**   **Rozelle Park**  
**Royal Troon Golf Course**   **Ayr seafront & play park**  
**Scottish Maritime Museum**   **Troon Beach**

Local educational standards are very high at primary and secondary level. However, private education is also available in the area.

##### 5) Key Contacts:

TBC – please contact [nes.epp@nhs.scot](mailto:nes.epp@nhs.scot) in the interim.



## **NHS Borders**

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### **1) Environment/Geography:**

NHS Borders serves a predominately rural population (115,000 people) spread across a large, picturesque region, between the cities of Newcastle and Edinburgh. The area has a unique identity and has towns including Melrose, Galashiels, Hawick, Peebles, Eyemouth and Kelso as well as rural communities.

### **2) Service Environment:**

Our Enhanced Psychology Practitioner learners are located in Renew, which is our Primary Care Mental Health Service that was established in 2020. This innovative psychology led service provides assessment and evidence-based treatment to adults across the life span who present with mild to moderate mental health difficulties and a wide range of psychological problems. Our referrals primarily come from GPs and we offer a range of CBT based interventions in both group and individual formats. We also offer consultation and supervision to colleagues working in lower tiers of the Stepped Care Model, offering Guided Self Help or Digital Therapy interventions.

### **3) Support and Supervision:**

Our Enhanced Psychology Practitioner learners receive case management supervision and clinical supervision. This supervision may be offered by the same person or shared between the line manager and clinical supervisor. The wider PCMHT is staffed by Clinical Psychologists, Clinical Associates in Applied Psychology, Mental Health Practitioners and Assistant Psychologists.

### **4) Travel Requirements:**

Renew has a base at Scottish Borders Council Headquarters, however at present, the service is offering a centralised remote service via Near Me video calls or phone based therapy. This will be reviewed periodically and there is the possibility that in the future we could undertake work in health centres or other NHS sites.

### **5) Key Contacts:**

**Louise Keir:** [Lousie.Keir@borders.scot.nhs.uk](mailto:Lousie.Keir@borders.scot.nhs.uk)

### **1) Environment/Geography:**

Forth Valley's population live in a variety of urban and rural settings. The area's southern reaches lie in Scotland's central belt, approximately midway between Glasgow and Edinburgh. The northern limits end in small towns and villages amongst the scenic fringes of the Scottish Highlands. The two main urban centres of the region are Stirling and Falkirk.

Forth Valley is well connected by road and rail to Edinburgh and Glasgow and the cost of living is affordable. As well as many staff living locally, a significant proportion commute (Falkirk is only 20 minutes by train from Glasgow and 30 minutes from Edinburgh) with trains running every fifteen minutes during the day.

### **2) Service Environment:**

Around 90 clinical staff (Nurse Therapists, Clinical Psychologists, Counselling Psychologists, Counsellors, Clinical Associates, Arts Therapists, Psychotherapists, Psychological Therapists and Assistant Psychologists) are employed by NHS Forth Valley to provide a Psychological Therapies Service in the area, although some of these only work part time so the WTE is less. There are 2 main departments, Adult Psychological Services and Child and Adolescent Mental Health. Within Adult Psychological Services, there are 9 specialties: Adult Psychological Therapies, Secondary Care, Forensic, Clinical Health Psychology, Older People, Substance Use, Learning Disability, Psychotherapy and Arts Therapies. Depending on alignment candidates will be placed either within Psychological Services or in GP practices or prisons.

The Adult Psychological Therapies Service mainly deals with a wide range of referrals from local GPs and psychiatrists, and clinics are held at Falkirk Community Hospital and Stirling Health and Care Village as well as in local health centres. The Clinical Health Psychology service includes neuropsychology and provides input within Falkirk Community Hospital, Stirling Health and Care Village and Forth Valley Royal Hospital to diabetes, ICU, pain management, oncology, general medicine, maternity / neonatology, stroke and neurology.

Clinical interests within the Child Department include child trauma, bereavement, child neuropsychology, children with physical health problems and elimination disorders, neurodevelopmental disorders, challenging behaviours, eating disorders, and other high risk behaviours. Therapeutic models in use include CBT, Family Therapy, Interpersonal Psychotherapy (IPT-A), parenting skills development and neuropsychological assessment. Attachment focused interventions are also widely used and systemic interventions commonplace.

### **3) Support and Supervision:**

Placements will be in services where there are other members of staff ensuring good access to informal support. There are staff wellbeing initiatives within the Psychological Therapies Services and the wider service and identified pathways for more formal support if required. Clinical supervision will be provided by



psychological therapists employed within Psychological Services. Other day to day supervision may be offered from other parts of the service, e.g. Primary Care Mental Health nurses.

#### **4) Travel Requirements:**

Services are offered across a wide geographical area and placements will require travel to various clinical bases and locations within NHS Forth Valley. There will also be a requirement for community work such as home visits which may be in rural locations. Where candidates have a specific need to minimise travel due to a disability, reasonable adjustments will be made. All other candidates will be expected to meet all the travel requirements of the role, and therefore driving and having access to a car will be of considerable benefit whilst on the Programme. These factors will have no impact on selection.

#### **5) Key Contacts:**

Dr Jennifer Borthwick, Director of Psychology  
01324 614347

Dr Sally Rankine, Head of Adult Mental Health Psychology  
01324 614347

Dr Susie Porteous, Head of Psychological Specialty Services (clinical health, older people, substance use)  
01324 614347

Dr Annita Tasker, Local NHS Psychology Tutor  
01324 614347

Dr Heather Laithwaite, Head of Forensic Clinical Psychology/ Head of Psychological Specialty Services (forensic, learning disabilities, arts therapies)  
01324 574388

Dr Sharon Horne-Jenkins, Head of Child Psychological Therapies  
01786 454546

### **1) Environment/Geography:**

Grampian, located in the North East of Scotland, has a population of over half a million. The scenery across the North East is enchanting and inspiring, from beautiful coasts to the Cairngorm Mountain range. The area offers both rural and urban based leisure, cultural and sporting activities to suit a range of interests. There is easy access to airports in both Aberdeen and Inverness. Grampian is a major centre of Education with two Universities, Aberdeen and Robert Gordon's. NHS Grampian covers three Health and Social Care Partnership areas – Aberdeen City, Aberdeenshire and Moray. We have placements available in each area.

### **2) Service Environment:**

Our Primary Care Psychology Teams will host trainees.

Our Applied Psychology, CAMHS, Adult Mental Health, Primary Care and Psychological therapies services are inclusive, values based and set within wider multi-disciplinary teams, including Clinical and Applied Psychology, Psychotherapy Clinicians, Allied Health Professionals, Nursing, Psychiatry, Admin, Business and Support staff. Our service ethos promotes patient-centred care, efficiency and a culture that values, enables and develops our staff. We are looking for warm, reflective, innovative individuals who want to make a difference to join us working with (depending on the placement) children, young people, their families, adults, and wider systems. We are seeking individuals who share values that are important to us – being respectful, kind, curious, collaborative, efficient, forward thinking and trauma informed – and those who embody these values in their day to day work. We host D.Clin.Psych and MSc trainees.

One training place will be based in the Primary Care Service at City Hospital in the centre of Aberdeen, offering services to local General Practices. The Aberdeen City Primary Care Psychological Therapies Service now comprises 3 Clinical/Counselling Psychologists and 11 Psychological Therapists and 4 staff currently doing the EPP training. Two further training places will be associated with Primary Care services in Aberdeenshire where there are 14 established Psychological Therapist posts, 2 new Clinical/Counselling Psychology posts and 9 Wellbeing Workers, 2 of whom are completing the EPP training. A further one placement will be in the Moray Primary Care Service.

Trainees are ably supported by secretarial/administrative staff. Members of these Departments are experienced in organising clinical placements and providing excellent supervision and support for applied psychologists in training and are looking forward to welcoming trainees into our services. There are excellent opportunities for a wide range of clinical experience. For Adult based placements this includes 1:1 work, group work, clinical input to the computerised CBT packages and when covid allows, working in GP practices, interfacing with the Primary Care team.

Placements allow for contribution to departmental research / audit and being part of a dynamic Applied Psychology service undergoing new developments at a challenging time nationally. Treatment approaches are eclectic with multiple psychological modalities offered by different team members including CBT, IPT, DBT, schema focussed work, Systemic Family Therapy, FBT, ACT, EMDR, psychotherapy and play therapy.

### **3) Support and Supervision:**

Tailored and supportive line management alongside one to one, peer group and multi-disciplinary (depending on placement) supervision structures are in place to support professional reflection and growth.

#### **4) Travel Requirements:**

As NHS Grampian is a large geographical area, a driving licence is desirable.

1 of our Adult placements is based in the Moray area.

#### **5) Key Contacts:**

**Kate Morton / Katharine Morris (Adult)**

[Kate.morton@nhs.scot](mailto:Kate.morton@nhs.scot) / [Katharine.morris1@nhs.scot](mailto:Katharine.morris1@nhs.scot)

## **NHS Greater Glasgow and Clyde**

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### **Working and living in and around Glasgow**

Glasgow is Scotland's largest city and the third largest city in the UK, with over one million inhabitants. Glasgow is a thriving cosmopolitan and commercial centre as well as offering a wide range of cultural and leisure attractions. It is the UK's largest retail centre after London. The city and surrounding towns house many wonderful municipal art galleries and museums, first class sports and leisure facilities; excellent theatres; an array of restaurants, pubs and clubs; and beautiful parks. Glasgow combines the energy and sophistication of a great international city with some of Scotland's most spectacular scenery. Countryside and coastal views are within easy reach and Scotland's capital city of Edinburgh is only 42 miles away. Transport links are excellent, both internal to the area and to the wider UK.

### **About NHS Greater Glasgow & Clyde**

NHS GG&C is the largest organisation of its kind in Scotland and one of the largest in the U.K., providing a range of care and treatment to meet the healthcare needs of a population of 1,191,551 within the health board area and employing 44,000 staff.

### **Psychology Services**

With approximately 250 Psychologists, NHS Greater Glasgow & Clyde contains the largest grouping of Applied Psychologists in Scotland working across all areas of the lifespan: from neonates to older adults and at all levels of complexity: from primary care settings to national specialist services within clinical health, trauma and psychosis. The area offers many opportunities for working closely with clinical psychologists and in a wide variety of multidisciplinary teams. There are strong links between services with a range of formal and informal networks enabling excellent relationships between psychologists throughout the area.

NHS Greater Glasgow & Clyde has well-developed primary care psychology services, which are a key component of well-established Primary Care Mental Health Teams. Primary Care mental health services in NHS GG&C vary in the nature of their service provision and staff composition across areas but generally benefit from a broad skill mix that may include counsellors, CBT therapists, mental health practitioners, clinical associates (Primary Care) and applied psychologists. In NHS Greater Glasgow and Clyde postholders undertaking the Adult programme will mainly be placed in primary care services.

In specialist children's services we are looking for enthusiastic assistant psychologists to join with us on this innovative improvement journey. This post will provide support and enhance the professional psychological care of clients within the Specialist Children's Services, across all sectors of care.

Postholders undertaking the CYP Programme will join a group of over 100 Psychologists working with children and young people in a variety of settings with good professional support and supervision, plus strong working relationships with other disciplines and agencies. The service has strong links both with the University of Glasgow Doctorate in Clinical Psychology and the University of Edinburgh MSc Course in Applied Psychology for Children and Adolescents.

### 1) Environment/Geography:

Postholders based in the Lothians have the opportunity for a wide range of clinical experiences within a diverse geographical area, well known for its cultural attractions, easy access to sea and countryside and a wide choice of accommodation. The Lothians, with a total population of approximately 850 000, consist of East Lothian, West Lothian, Midlothian and the beautiful City of Edinburgh. In addition to the capital city of Edinburgh, there are a number of attractive smaller towns and many rural communities which make up the wider area.

### 2) Service Environment:

Health Services in Lothian are organised in one Health Board with approximately 300 psychologists and therapy practitioners. Dr Belinda Hacking is the Director of Psychology, responsible for psychology services across the lifespan with specific oversight over Adult Mental Health, Clinical Health, Older Adults, Forensic, Intellectual Disabilities and Neuropsychology, supported by relevant Professional Leads. Cathy Richards is the head of CAMHS psychology services, again supported by a group of Lead clinicians. Lothian has four Health and Social Care Partnerships (Edinburgh City, Midlothian, East Lothian, West Lothian HSCPs) where core provision of community and primary care mental health and wellbeing services are located. Postholders undertaking Children & Young People's EPP programme could be based in both community (e.g., primary care, schools) and hospital based (e.g., Edinburgh Royal Infirmary) settings. Postholders will have opportunities to work alongside our Digital team directly supporting patients referred to online programmes such as Beating the Blues and Silvercloud.

### 3) Support and Supervision:

Postholders will have a named supervisor within their service, in addition to line management and case supervision. The role involve contact with other primary care, hospital, and community practitioners and agencies. You will also have contact with other members of the Psychology team. All postholders will be provided with any required IT, administrative and communication supports to enable flexible working.

### 4) Travel Requirements:

NHS Lothian covers a wide area although there are good transport links within Edinburgh city and, to some extent, between other Council areas/towns. As postholders will be based within one core service travel is routinely likely to be mostly limited to covering your area unless you choose to live elsewhere in the region and commute to your workplace. You may be required to travel across the city. Other key locations such as Herdmanflat Hospital in Haddington (18 miles east of Edinburgh) and St Johns Hospital in Livingston (17 miles west of Edinburgh) can be accessed by bus or train however it is preferable for learners to drive.

### 5) Key Contacts:

In the first instance you may wish to speak with the Psychology Administrator who may be able to answer any general questions about working within NHS Lothian and can also put you in direct contact with a senior clinician involved with these posts who could advise on the local service, opportunities and service lead contacts:

Jaana Campbell - Psychology Administration - [jaana.campbell@nhslothian.scot.nhs.uk](mailto:jaana.campbell@nhslothian.scot.nhs.uk)

## NHS Tayside

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### 1) Environment/Geography:

Tayside is a region in the North East of Scotland, comprising three different geographical localities: Perth & Kinross; Dundee; and Angus. The region has a mix of urban and rural settings and offers a vibrant cultural scene and excellent access to a wide range of outdoor activities. Tayside is well linked to the other major cities in Scotland.

### 2) Service Environment:

NHS Tayside and the three Health and Social Care Partnerships are responsible for delivering healthcare to more than 415,000 people. The Psychological Therapies Service (PTS) is an area-wide service hosted by the Dundee HSCP delivering services across a range of different specialities and across the age span. PTS is a busy training environment with excellent links with the Universities of Edinburgh, Dundee and Stirling and we aspire to retain trainees at the point of qualification. It is likely there will be opportunity for EPP learners to work with both individuals and in group settings.

### 3) Support and Supervision:

PTS has an established skill mix of Clinical, Counselling and Forensic Psychologists and Clinical Associates in Applied Psychology with an expectation that all eligible staff have completed specialist supervision training. Supported by the Local Area Development Tutor, Consultants in the relevant clinical speciality will have oversight of EPP learners to ensure that supervision is in place and working well. EPP learners will be encouraged to link together for support and to foster learning in each other.

### 4) Travel Requirements:

Whilst Dundee HSCP has a concentrated population with good transport links across the City, Perth & Kinross and Angus are spread across large geographical areas requiring that people are able to travel independently.

### 5) Key Contacts:

**For candidates looking to work within CAMHS, the contact is:**

**Dr Sheenagh Macdonald** [Sheenagh.macdonald@nhs.scot](mailto:Sheenagh.macdonald@nhs.scot)

**For candidates looking to work within Adult services, the contact is:**

**Dundee – Dr Helen Nicholson-Langley** [Helen.nicholson-langley@nhs.scot](mailto:Helen.nicholson-langley@nhs.scot)