

Introducing

Occupational therapy support worker



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About the role

Occupational therapy support workers help occupational therapists to care for people. They offer practical support to help patients overcome physical or mental health problems and learn new ways to carry out day-to-day activities.

“What’s remarkable about this job is helping people do what’s really meaningful to them. It’s a great feeling of joy seeing someone overcome a problem and achieve what they need or love to do.”

– Occupational therapy support worker

Did you know?

NHSScotland employs over 575 occupational therapy support workers.⁽¹⁾

→ How to pursue this role:

To apply for a job as an occupational therapy support worker, you’ll need a good standard of general education, including English and Maths. You can get into this career through:

1. direct application
2. a Modern Apprenticeship

☆ Top skills:

- listening skills motivating people
- caring for people
- problem-solving skills
- communicating with people
- relationship-building skills
- creativity

Find out more at www.careers.nhs.scot/hcsw

References:

1. ISD Scotland, NHSScotland workforce data December 2019.