

Introducing

Physiotherapy support worker



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About the role

Being able to move well is an important part of what it means to be healthy. Physiotherapy support workers help patients follow exercise and treatment programmes set out by registered physiotherapists. They use movements, exercise and technology to help maximise their patients' mobility.

“There’s no better feeling than when you know you’ve helped someone overcome a condition which affected their mobility.”

– Physiotherapy support worker

Did you know?

NHSScotland employs approximately 700 physiotherapy support workers.⁽¹⁾

→ How to pursue this role:

To apply for a job as a physiotherapy support worker, you’ll need a good standard of general education, including English and Maths. You can get into this career through:

1. direct application
2. a Modern Apprenticeship

☆ Top skills:

- listening skills
- motivating people
- caring for people
- problem-solving skills
- communicating with people
- relationship-building skills

Find out more at www.careers.nhs.scot/hcsw

References:

1. ISD Scotland, NHSScotland workforce data, December 2019.