

Introducing

Dietetic support worker



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About the role

Sometimes choosing the right person to give you advice about your diet is a confusing task. Dietetic support workers assist dietitians with patient assessments and help people with their diet and nutrition.

“Being a dietetic support worker means providing people with nutritional support and advice. I enjoy helping someone make changes to their diet and seeing the difference it makes to their life.”

– Dietetic support worker

Did you know?

NHSScotland employs over 100 dietetic support workers.⁽¹⁾ Having a good diet is a key factor in the prevention of long-term conditions such as type 2 diabetes and some cancers.

→ How to pursue this role:

To apply for a job as a dietetic support worker, you'll need a good standard of general education, including English and Maths. You can get into this career through:

1. direct application
2. a Modern Apprenticeship

☆ Top skills:

- listening skills
- motivating people
- caring for people
- problem-solving skills
- communicating with people
- relationship-building skills

Find out more at www.careers.nhs.scot/hcsw

References:

1. ISD Scotland, NHSScotland workforce data December 2019.