Introducing

Mental health nurse

Explore our careers

www.careers.nhs.scot/nursing
About the role
Mental health nurses help people improve their wellbeing and recovery from mental health problems. They work in hospitals, in the community and in people’s homes.

“Mental health nursing is really rewarding. Each day is different, and the needs of each patient are different. You can make such a difference to how someone is feeling just by talking to them and supporting them to live the life they want to.”

– Staff nurse

Did you know?
There are over 46,800 registered nurses working in the NHS in Scotland.[1]

→ You can get into this career through:

1. a Scottish Widening Access Programme (SWAP) course
2. an HNC Care and Administrative Practice course
3. an Open University programme
4. a nursing degree programme
5. a return to practice programme

еш Top skills:

• caring for people
• working in a team
• communicating with people
• problem-solving skills
• critical thinking skills
• helping people

When you’ve successfully completed an approved nursing degree programme, you can register with the Nursing and Midwifery Council (NMC). If you’re returning to practice as a nurse, you’ll need to apply for readmission to the register at the end of your course.

Find out more at www.careers.nhs.scot/nursing

References:
1. ISD Scotland, NHSScotland workforce data, June 2019