# AHP 360 video : physiotherapy scene two

## Orthopaedic ward

>> CONNOR: Okay, so we're going to keep this in a capital H.

>> PATIENT: Okay-dokey.

>> CONNOR: If you take that with that hand.

>> PATIENT: Yep.

>> CONNOR: We're here to keep you safe. We're not going to let you fall over. Okay?

>> PATIENT: Okay. Promise?

>> CONNOR: We're going to push off with this hand, push off with this and we're going to try and make sure we're not putting any weight on here, okay?

>> PATIENT: Okay.

>> CONNOR: We're going to watch from the side.

>> PATIENT: How's that?

>> CONNOR: See we're supporting from this side. That looks good to me. Looking good. And then arms to the loop. Yep, that's fine. Okay? And just little hops. We don't have to do massive ones like we see in the movies. Okay, that's fine. Slow and steady. Deep breaths.

>> PATIENT: It's not too bad.

>> CONNOR: You're doing really well. That looks nice and stable. Good. I'll keep out your way. Good. Then we'll just do a little walk forward on. See how we are with our distance. Looks good.

>> PATIENT: That's not bad. It feels okay.